who i was *before*

you can love them more than anything and still miss her. write her down here, then pick one little thing back up this week.

3 things i used to love doing

the song i used to blast in the car

something i was really good at

what my friends would've said about me back then

one thing i could do for 10 minutes this week

a little note to her

you're allowed to miss her. she's still in there.

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